



Sunlight of the Spirit

San Joaquin Valley Intergroup of Overeaters Anonymous Volume 9, Issue 4, August—September 2009

Notice

The September Intergroup meeting will be on the **12th**, the second Saturday rather than the first Saturday of the Month.

Upcoming Events

The next "A Day in OA" will be on Saturday, September 12th, 10:30 - 3:00

The location is still to be decided

We will have our usual salad bar for lunch.

Salad bar contributions should be single salad items. If you bring a mixed salad, please provide an ingredient list.

For further information call Sharen, 559-908-8834

OA News

- Recently one of our members was interviewed on the KMPH morning show "Great Day". They were doing a segment on addiction and asked for someone to talk about food addiction. If you'd like to see the interview go to the following website: <http://www.kmph.com/global/story.asp?s=10756126>
- The Fresno Tuesday 5:30pm meeting will now read from the book *Overeaters Anonymous*. This is the book that tells our stories. Join us and learn the stories of the early days of OA. If you have any questions contact Del, 559-392-3995

TRUSTED SERVANTS

Chair	Ren 559-970-3646 itsrenfromoa@gmail.com
Vice Chair/ Literature	Pat 559-229-3086
Treasurer	Sharon 559-261-0723
Secretary	Deborah 559-674-8315
Public Information/ Newsletter playaria@ymail.com	Sharen 559-908-8834
Webmaster eladenheim@ladenheim.net	Eric 559-288-5796
Region 2 Representatives Karen 559-297-6890	Del 559-392-3995

* Notes from your Newsletter Editor *

- If you would like to write an article, or have a news item for "Sunlight of the Spirit" please send an email with "attn editor" in the subject line to playaria@ymail.com.

San Joaquin Valley OA Meeting List

FRESNO				
TUE	10:00 am	United Christian Church 1038 W Shields Ave	<i>OA 12x12</i>	Melanie 559-907-7358
TUE	5:30 pm	Hope Lutheran Church 364 E Barstow, Room 26	<i>Overeaters Anonymous</i>	Del 559-392-3995
WED	5:30 pm	Wesley United Methodist Church, 1343 E Barstow, Ed. Center, room 3, east end of parking lot	<i>Abstinence Book Token Meeting</i>	Sharen 559-908-8834
THUR	10:00 am	United Christian Church 1038 W Shields Ave	<i>Voices of Recovery</i>	Frank 559-760-2246
THUR	7:00 pm	Wesley United Methodist Church, 1343 E Barstow, Ed. Center, room 4, east end of parking lot	Newcomer / <i>OA 12x12</i>	Karen 559-297-6890
FIRST SAT	9:00 am	United Christian Church Sept 12, Oct 3 1038 W Shields Ave ALL ARE WELCOME !!	INTERGROUP BUSINESS MTG	Ren 559-970-3646
SAT	10:30 am	United Christian Church 1038 W Shields Ave	AA'S Big Book Study	Carolyn 559-355-1927
MERCED				
WED	7:00 pm	Unity Church of Merced- use back door to commu- nity room. 305 W. 26 th Street,	AA Literature Study	Carol B 209-379-2314
SAT	9:00 am	Unity Church of Merced—Church office, use front door. 319 W. 26th St	<i>OA 12x12 Literature</i>	Carol B 209-379-2314
MODESTO				
WED	noon	Alzheimer's Aid Society 2501 McHenry	<i>Lifeline Sampler</i>	Hans 209-551-5336
OAKHURST				
WED	5:00 pm	Dayhoff Paralegal, 49269 Golden Oak Dr. #207 Across from nursery and above children's museum. For directions - Jan 559-658-6040	OA Workbook & Step Study	Betty 559-683-7016
TURLOCK				
MON	7:00 - 8:15 pm	First Methodist Church 1616 Arbor (at Berkeley)	Literature	Cyndy 209-862-1139
SAT	9:30 - 10:45 am	First Methodist Church 1616 Arbor (at Berkeley)	Literature & Writing	Melissa 209-664-3095
VISALIA				
THUR	7:00 pm	St. Paul's Episcopal	Tape Study / Pitch	Cindy 559-733-4137
SAT	10:00 am	Christ Lutheran Church 3830 W. Tulare (at Demaree Rd) Community Rm		Cindy 559-733-4137

We suggest that before attending a meeting for the first time call the contact person to verify the time and location!
 You can also check our website <http://www.sanjoaquinvalleyoa.org/> for the most current listing