



Sunlight of the Spirit

San Joaquin Valley Intergroup of Overeaters Anonymous Volume 9, Issue 3, June—July 2009

Tradition Seven

“Every OA group ought to be fully self-supporting, declining outside contributions”

*** Notice ***

Due to the 4th of July holiday the July Intergroup meeting will be on the second Saturday of the month rather than the first Saturday. July 11th 9:00 am.

As we have all heard at our meetings, we are asked to follow the Seventh Tradition by contributing to the maintenance of our Fellowship. Have you ever wondered why this procedure is followed and why it is one of our traditions? For the majority of us, looking for strength and direction solely from within ourselves does not work. Only through OA have we come to find a Fellowship of others who suffer from our disease, thus have the understanding we need. We have learned that thinking "I" or "me" does not work, thinking "us" and "we" must be our new way to think.

Our Fellowship provides for us informative literature, meeting sites, conventions, newsletters, OA regional offices. Money is needed to keep the OA program alive. At our meetings a basket is passed, as part of the Seventh Tradition, asking for our members to support our Fellowship. It is our belief that we must avoid outside influences in our program and be fully self-supporting of ourselves by ourselves. We do not look for large donations as it is believed we are a Fellowship of equality avoiding disproportionate control and power given to those who might have resources to contribute greater sums than others. We are also asked to give some of our time to take on the service work as well. Again we request service from many members rather than just a few, thus preventing some from having too much input in the organization and direction of our Fellowship. The Seventh Tradition is far reaching. It represents a basic precept of OA. We come together for emotional and spiritual support. We give and receive from our unity. We look to ourselves for the resources of time and money to continue to provide to all those who suffer from our disease a place to come to find spiritual healing and love, to live our lives with serenity. ---Judy, San Diego

TRUSTED SERVANTS

Chair	Ren 559-970-3646
Vice Chair/ Literature	Pat 559-229-3086
Treasurer	Sharon 559-261-0723
Secretary	Deborah 559-674-8315
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Region 2 Representatives	
	Karen 559-297-6890
	Del 559-392-3995

* Notes from your Newsletter Editor *

- If you would like to write an article, or have a news item for "Sunlight of the Spirit" please send an email with "attn editor" in the subject line to playaria@ymail.com.

San Joaquin Valley Intergroup of OA, PO Box 8302, Fresno CA 93727
Hotline: 559-323-5636, Website: www.sanjoaquinvalleyoa.org

San Joaquin Valley OA Meeting List

FRESNO				
TUE	10:00 am	United Christian Church 1038 W Shields Ave	<i>OA 12x12</i>	Melanie 559-907-7358
TUE	5:30 pm	Hope Lutheran Church 364 E Barstow, Room 26	<i>Seeking the Spiritual Path</i>	Del 559-392-3995
WED	5:30 pm	Wesley United Methodist Church, 1343 E Barstow, Ed. Center, room 3, east end of parking lot	<i>Abstinence Book Token Meeting</i>	Sharen 559-908-8834
THUR	10:00 am	United Christian Church 1038 W Shields Ave	<i>Voices of Recovery</i>	Frank 559-760-2246
THUR	7:00 pm	Wesley United Methodist Church, 1343 E Barstow, Ed. Center, room 4, east end of parking lot	Newcomer / <i>OA 12x12</i>	Karen 559-297-6890
FIRST SAT	9:00 am	United Christian Church July 11, Aug 4 1038 W Shields Ave ALL ARE WELCOME !!	INTERGROUP BUSINESS MTG	Ren 559-970-3646
SAT	10:30 am	United Christian Church 1038 W Shields Ave	AA'S Big Book Study	Carolyn 559-355-1927
MERCED				
WED	7:00 pm	Unity Church of Merced- use back door to commu- nity room. 305 W. 26 th Street,	AA Literature Study	Carol B 209-379-2314
SAT	9:00 am	Unity Church of Merced—Church office, use front door. 319 W. 26th St	<i>OA 12x12 Literature</i>	Carol B 209-379-2314
MODESTO				
WED	noon	Alzheimer's Aid Society 2501 McHenry	<i>Lifeline Sampler</i>	Hans 209-551-5336
THUR	7:00 pm	College Avenue Congregational Church 1341 College Ave		Jacki 209-524-1350
OAKHURST				
WED	5:00 pm	Dayhoff Paralegal, 49269 Golden Oak Dr. #207 Across from nursery and above children's museum. For directions - Jan 559-658-6040	OA Workbook & Step Study	Betty 559-683-7016
TURLOCK				
MON	7:00 - 8:15 pm	First Methodist Church 1616 Arbor (at Berkeley)	Literature	Cyndy 209-862-1139
SAT	9:30 - 10:45 am	First Methodist Church 1616 Arbor (at Berkeley)	Literature & Writing	Melissa 209-664-3095
VISALIA				
THUR	7:00 pm	St. Paul's Episcopal	Tape Study / Pitch	Cindy 559-733-4137
SAT	10:00 am	Christ Lutheran Church 3830 W. Tulare (at Demaree Rd) Community Rm		Cindy 559-733-4137

We suggest that before attending a meeting for the first time call the contact person to verify the time and location!
You can also check our website <http://www.sanjoaquinvalleyoa.org/> for the most current listing