



Sunlight of the Spirit

San Joaquin Valley Intergroup of Overeaters Anonymous
Volume 10, Issue 3, June-July, 2010

Central Valley OA History

Send in Articles!!!

Do you have memories of how your group started? How about a retreat or conference you attended. Let's hear about how OA started in the Central Valley. Articles can be no longer than 400 words, shorter is fine. Newsletters will print the first Saturday of April, June, August, October, and December. Please send them to playaria@ymail.com two weeks before the end of the month. I will try to print as many as I can.

TRUSTED SERVANTS

Chair	Ren 559-970-3646 itsrenfromoa@gmail.com
Vice Chair/	Deborah 559-706-3206
Literature	Pat 559-229-3086
Treasurer	Sharon 559-261-0723
Secretary	Carolyn 559-355-2198
Newsletter	Sharen 559-908-8834 playaria@ymail.com
Webmaster	Eric 559-288-5796 eladenheim@ladenheim.net
Region 2 Representatives	
Karen	Del 559-297-6890
	559-392-3995

WSO Notebook Excerpts (precursor to A Step Ahead)

Computer Comes to WSO

In our efforts to serve you more effectively and efficiently, we are computerizing group information. Once the system is in full operation, it will provide fast, accurate information that benefits your group, people seeking information about OA and the WSO staff.

— August/September/October 1977

Lifeline Goes Monthly

A special combination eighteenth birthday and New Year's gift to all of OA is the switchover of our excellent magazine, *Lifeline*, to monthly publication beginning in January—with no increase in subscription rates.

— November/December 1977

Logo Officially Adopted by Board

OA's board of trustees unanimously adopted the new OA symbol at their meeting January 28, 1978 . . .

— March/April 1978

Lifeline Triples Circulation

Last January, when *Lifeline* began monthly publication, the magazine's subscription list totaled 4,747. The January 1979 issue is expected to be distributed to some 12,000 subscribers.

. . . To what do we owe this tremendous growth? In part, it reflects the continuing growth of OA itself. Much of the credit, however, must go to those *Lifeline* representatives.

— December 1978

Now Playing—50 Years of OA Recovery!

August 26–29, 2010

Hilton Los Angeles Airport Hotel
Los Angeles, California USA

Experience 50 years of OA unity at the 2010 World Service Convention (WSC). Join OA members from around the world for fun and fellowship, and see where the red carpet leads you. Check www.oa.org/world-service/convention.php regularly for updated Convention information. Registration forms and online registration will be available in January 2010.

Special Bookmark to Celebrate OA's 50th Anniversary

(Available online at bookstore.oa.org.)



50th Anniversary Bookmarks

Commemorate OA's 50th anniversary with a black-etched, gold-metal bookmark. Packaged in an elegant white gift card with envelope, it is two inches (5 cm) in diameter. "Together We Can" and the 50th anniversary logo etched on one side and "I Put My Hand in Yours, 1960–2010" on the other side. #676/\$4, plus shipping*

* US Shipping: \$5 for orders up to \$24.99; 20% for orders \$25 to \$59.99; 17% for orders \$60 to \$99.99; 12% for \$100 and up. Email to Info@oa.org for shipping charges outside US.

San Joaquin Valley Intergroup of OA, PO Box 8302, Fresno CA 93727
Hotline: 559-323-5636, Website: www.sanjoaquinvalleyoa.org

San Joaquin Valley OA Meeting List

FRESNO				
TUE	10:00 am	United Christian Church 1038 W Shields Ave	<i>OA 12x12</i>	Melanie 559-907-7358
TUE	5:30 pm	Hope Lutheran Church 364 E Barstow, Room 26	<i>Overeaters Anonymous</i>	Del 559-392-3995
WED	5:30 pm	Wesley United Methodist Church, 1343 E Barstow, Ed. Center, room 3, east end of parking lot	<i>Abstinence Book Token Meeting</i>	Sharen 559-908-8834
THUR	10:00 am	United Christian Church 1038 W Shields Ave	<i>Voices of Recovery</i>	Frank 559-760-2246
THUR	7:00 pm	Wesley United Methodist Church, 1343 E Barstow, Ed. Center, room 4, east end of parking lot	Newcomer / <i>OA 12x12</i>	Karen 559-297-6890
FIRST SAT	9:00 am	United Christian Church July 3, Aug 7 1038 W Shields Ave ALL ARE WELCOME !!	INTERGROUP BUSINESS MTG	Ren 559-970-3646
SAT	10:30 am	United Christian Church 1038 W Shields Ave	AA'S Big Book Study	Carolyn 559-355-1927
MERCED				
WED	7:00 pm	Unity Church of Merced- use back door to commu- nity room. 305 W. 26 th Street,	AA Literature Study	Carol B 209-379-2314
SAT	9:00 am	Unity Church of Merced—Church office, use front door. 319 W. 26th St	<i>OA 12x12</i> Literature	Carol B 209-379-2314
MODESTO				
WED	noon	Alzheimer's Aid Society 2501 McHenry	<i>Lifeline Sampler</i>	Hans 209-551-5336
OAKHURST				
WED	5:00 pm	Dayhoff Paralegal, 49269 Golden Oak Dr. #207 Across from nursery and above children's museum. For directions - Jan 559-658-6040	OA Workbook & Step Study	Betty 559-683-7016
TURLOCK				
MON	7:00 - 8:15 pm	First Methodist Church 1616 Arbor (at Berkeley)	Literature	Cyndy 209-862-1139
SAT	9:30 - 10:45 am	First Methodist Church 1616 Arbor (at Berkeley)	Literature & Writing	Melissa 209-664-3095
VISALIA				
SAT	10:00 am	Christ Lutheran Church 3830 W. Tulare (at Demaree Rd) North end of pre-school, Room 4	AA'S Big Book, 12 & 12	Cindy 559-733-4137

We suggest that before attending a meeting for the first time call the contact person to verify the time and location!
You can also check our website <http://www.sanjoaquinvalleyoa.org/> for the most current listing